

The Illinois Acupuncturist

The newsletter of the Illinois State Acupuncture Association

Spring 2003

Illinois State Acupuncture Association
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P R E S I D E N T ' S P E R S P E C T I V E

This is an exciting time for the Acupuncture community in Illinois. Our lobbyists are hard at work in Springfield on our behalf and we are making headway with our legislative agenda. The ISAA Board of Directors is working hard on various projects to revive a nearly defunct Association, build community, offer excellent continuing education courses at local venues and raise money to pay for our lobbyists.

To this end, it is essential that we keep building steam and not feel a false sense of security. **WE NEED YOUR PARTICIPATION!**

I cannot stress this enough. We are still a long way from our goal. Without the support of each acupuncturist and student, our chances are diminished. Please continue to meet your pledge by maintaining your monthly pledge. If you have not pledged to the monthly drive please give something, even if it is a one-time donation. Every donation gets us closer to our goal.

If you have not already done so, please sign up for one or more of the CEU classes being offered. We are creating the summer/fall schedule and looking forward to Spring 2004 when Jake Fratkin will return to teach Japanese Meridian Therapy.

Right now, one simple way that you can help is to sell as many tickets as you can to the Asian New Year Celebration. Please educate your patients, family and friends about how important it is for us to pass this legislation. Ask them to support you so you can help them. The evening will be a lot of fun. We will have an 11-course meal, a silent auction & raffle of TCM goods, music and the chance to socialize with colleagues and classmates.

We have included a pullout flyer in this newsletter. Please post it in your office so that people will ask you about it. We need to start selling tickets now, as it is only a month away and we want folks to have enough notice to attend.

Together we can do this! I want to thank everyone who has come forward to participate so far. And I hope to meet more of you at the Asian New Year dinner and CEU classes!

Silent Auction Donations!

This is another way that you can encourage others to help out. Some ideas for donations are:

Time-share vacation	Summer home for a week or weekend
Restaurant gift certificates	Gift certificates from other businesses
Cooking a gourmet meal for 4-12	Bodywork
A good bottle of wine...or ginseng elixir!	Classes

Reminder Call for Articles

The program booklet for this year's Asian New Year celebration is under development. If you would like to submit an article for publication in the booklet, please do so in Microsoft Word or "text file" format **by March 17**. Email to isaa@earthlink.net. All articles are welcome, but are subject to editorial review for publication. Advertisements are also being accepted.

ISAA Annual Meeting Sunday, April 27 Save the date of April 27, 2003 at 4 pm. Venue details to follow. Get involved and join us to continue the momentum we've built this year. The ISAA annual meeting is quickly approaching. This is the meeting where we draw a slate of candidates for the board, summarize the past year's activities and envision the coming year. If you are interested in nominating yourself or someone you know as an ISAA Board candidate, call the ISAA office.

WE NEED SPACE We're looking for new locations to house our meetings and continuing education classes. If you have space that you'd be willing to host classes or meetings, contact our office. Please help us not "wear out our welcome" at our regular places. We are urgently in need of a space for our April 12-13 weekend class with Helen Miller. Thanks!

THANK YOU DR. LUO!!! The ISAA Board of Directors warmly thanks Dr. Hong Luo for donating her time to teach "TCM Perspectives on Menopause and Infertility" on Sunday, February 23. The Class was a huge hit and was attended by 41 students and practitioners. We received rave reviews on Dr. Luo's teaching style and knowledge base.

THANK YOU MARY KAY RYAN for extending the offer to teach the Herbal Board Review class. If interested in attending this Spring, please call the ISAA office.

THANK YOU to our Sponsors!!!!

Chicago School of Healing Arts

Heartwood Center

Pacific College of Oriental Medicine

We would like to give a big thanks to **PCOM** and Frank Scott for once again opening their doors to the ISAA family. They have donated their space for several meetings, classes for Jake Fratkin, Dr. Luo and an upcoming class for Helen Miller. They are also putting together an orthopedic class with Matt Callison this Fall to benefit the ISAA Legislative fundraising efforts. We sincerely appreciate their generosity!

Upcoming CEU classes

Preview to Dr. Leon Hammer's Pulse Diagnosis by Helen Miller, RN, L.Ac.

Sunday, March 16, 2003 9 am to 5 pm Heartwood Center 1599 Maple Ave Evanston, IL

Pulse diagnosis is one of the most valuable assessment tools available to practitioners of TCM. Unfortunately teaching pulse has not emphasized in most modern schools. Indeed much information about the pulse has been lost over the centuries. Dr Leon Hammer has spent the last twenty years constructing a cohesive hands-on approach to pulse diagnosis. This workshop will preview the Shen/Hammer system and discuss its practical application. *Class limit Open*

A Two Weekend, Four-Day Intensive Introduction to Contemporary Chinese Pulse Diagnosis

by Helen Miller, RN, L.Ac.

Saturday and Sunday, April 12 & 13 and May 17 & 18 Registration approximately \$600 **Class Limit 12**

V e n u e t o b e a n n o u n c e d

This introductory class will focus on the pulse taking technique, identification of 28 pulse positions, common pulse qualities and their meanings as well as discussion of Dr. Shen's systems approach.

Japanese Meridian Therapy

The ISAA is looking to bring Jake Fratkin to Chicago to teach a 2-weekend course in Japanese Meridian Therapy. This is a unique style of acupuncture that is used to determine and treat the primary root imbalance of a patient. When this root treatment is performed prior to the complaint-oriented branch treatment, healing and efficacy is significantly enhanced, often cutting recovery time in half. Because this approach uses very thin needles with shallow insertion, it is very attractive to western patients. Interested? Contact Mari Stecker at 773-919-5706.

ADVANCED HERBAL COURSE by KEN MORRIS from the INSTITUTE of CHINESE HERBOLOGY

ISAA is pursuing Ken Morris to conduct a 5-weekend course on **Differential Diagnosis and Treatment Strategy** for the herbal practitioner. Ken will discuss TCM formulas and other natural approaches to healing. Classes will be every-other month starting in October if there is enough involvement.

This is an advanced herbal class, however, students and new practitioners are welcome to attend this course. We need to have at least 30 people to run the course, because he lives in California. If you are interested, please call Patricia Faivre at 815-899-2399 to put your name on the list.

Suggested topics from Ken's broad clinical experience include: TCM Diagnosis Review, Pulse Review, Digestion, Candida, Menopause, PMS, Infertility, Respiratory/Asthma, Sinus, Detoxification, Pain, Chronic Fatigue/Fibromyalgia, Arthritis/Bi-Syndrome.

Cancellation Notice for ISAA events and CEU classes

Full refund will be awarded with 2 weeks notice. Fifty percent will be awarded with one-week notice of cancellation. No refund will be awarded 6 days prior to the event. No refund will be awarded for late arrivals. **All refunds are subject to a \$20 processing fee.** As per Illinois and national standards, to receive all the CEU hours, the participant must be present for the entire class.

Updates on December 17 and January 12 Meetings by Barb Schmidt, ISAA Vice-President

At our December meeting, Steve & Evan from Morrill & Associates were on-hand to answer questions and help attendees understand the upcoming political process. As part of this discussion, Steve recapped the setting around which our Practice Act was passed and signed into law in 1997 and contrasted his thoughts on how we'd proceed this time with the last campaign.

At our January meeting, we had a presentation by an IAF representative on how the changes we seek in the practice law might be accomplished (that is, what sections of the law would need revision), and how the changes we seek would likely be handled by the DPR. The IAF representative noted that Midwest College, although not an IAF member, is in general agreement with the desired changes sought by the IAF.

There was a lively discussion around grandfathering, with a variety of opinions. The consensus reached at the meeting was that grandfathering is a "bitter pill" required for nearly any type of changes to the law. A large part of the meeting focused on what requirements we'd like to see associated with the grandfathering process.

The group was concerned about the level of proficiency in prescribing herbs for practitioners who have not received formal herbal training, but the group agreed that our approach would likely be similar to the grandfathering period associated with the passage of the Illinois Acupuncture Practice Act. The group formed ISAA's stance, but recognized that these elements might be negotiated away to reach consensus with the other IAF members.

ISAA's stance is:

We support the redefinition of our practice area to reflect our expertise as Oriental Medical specialists. We support removing the requirement to obtain a physicians referral to treat patients with Oriental Medical techniques. We believe it is unethical to prescribe herbs if you have no herbal training. We would like to see an ethics statement to this effect. We believe that within a maximum two-year grandfathering period, all licensees should achieve:

- 300 hours of herbal training coursework; or
- 3 years of apprenticeship with a qualified herbalist; or
- 3 years of practice with at least 150 patient visits per year.

Our stance is under consideration by the other IAF members. The negotiation and compromise process is underway, and the language of IAF's proposed changes is nearing formation.

Update on the Board of Acupuncture by Mary Rogel, Chairperson of Board of Acupuncture

The Board of Acupuncture met in Chicago on December 16 for its last regularly scheduled meeting of 2002. Business transacted included review of several license applications for compliance with educational requirements, final review of wording for Rules and Regulations concerning the reinstatement of inactive licenses and continuing education requirements, and the election of Board officers for the coming year. Mary Rogel and Mei Ling Qian will continue in the offices of Chairman and Vice-Chairman, respectively. Draft Rules and Regulations for reinstating inactive licenses and for continuing education requirements will be submitted for public comment at a future date, and the acupuncture community will be given ample time to respond. It is anticipated that the Rules and Regulations will be in place when all acupuncture licenses renew in July, 2003. *Continuing education will not be required for the 2003 renewal, but it will be required for the 2005 renewal.* The next Board of Acupuncture meeting will be Monday, March 17, in Springfield.

Core Committee Report by Patricia Faivre, Core-Committee Chair

Detox Article by Mary Rogel, Chairperson of Board of Acupuncture

CLASSIFIED ADS

Acupuncture Associate Wanted Purpose, ideals and enthusiasm required. Six arms & four legs a plus. Help us to help as many patients as we possibly can. Work in a state of the art center designed for acupuncture and Asian medicine. Located in Milwaukee, Wisconsin.

Part time, two days per week, work into full time position. Fax your one page resume to 414-967-1087, attention Dr. Rapkin.

Acupuncture Position Available 14-year established practice in Central, IL. Must have license. Call Dr. Steve 309-862-1604 Urgent Need.

ISAA BOD seeks new BOD Members. The ISAA Board of Directors is seeking new Board members. Want to make a difference in your community? Can you get stuff done on a short notice? Do you possess good organization and communication skills? Have a good sense of humor? Have access to e-mail? Do you have a vision for this community? Accounting skills are a plus. You must be a Professional Member in the immediate past year. If you're interested, call or email the ISAA office.

Advertisements

ISAA proudly offers the opportunity to advertise in our quarterly newsletter. Our circulation is to approximately 700 acupuncturists in Illinois, Arkansas, Indiana, Iowa, Kentucky, Michigan, Minnesota, Missouri, Ohio, and Wisconsin. We offer classified ads and full page, half page, quarter page or eighth page sized ads. The rates are:

All advertisements must be pre-paid, and camera-ready or in Word or jpg file format. Classified ads should be emailed or faxed in type-written face (not hand-written) to the ISAA office. Call the ISAA office for more information or to place an ad.

BULLETIN BOARD

What's Happening in Neighboring States

ISAA encourages neighboring state organizations to submit information on current activities for publication in our quarterly newsletter. Please call the ISAA office or email to isaa@earthlink.net for details.

The Iowa Acupuncturists are sponsoring an upcoming class on _____.

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Address Correction Requested